



LÁ DA VENDA



## For Lunch

ON TUESDAY, WEDNESDAY, THURSDAY AND FRIDAY (EXCEPT HOLYDAYS)

12AM - 3:30 PM

**1 choice of one appetizer + 1 main course + 1 dessert . . R\$ 49,00**

(With R\$ 10,00 more you may choose a dessert from the counter)

## Appetizers



**Our salad - Organic greens and tomatoes salad with our delicious lime, tangy guaraná fruit extract and olive oil vinaigrette and our home-made savoury granola**

**Sicilian caponata and garlic toasts**



**A choice of 2 savoury fritters of the day**

## Main courses

**Vegetarian pumpkin kibbeh and green salad**

Stuffed with ricotta and Brazilian nuts, yogurt sauce and pita toasts

**Grilled homemade piglet sausage**

Lá da Venda's special artisanal piglet sausage served with the brazilian beloved mandioquinha purée, crispy manioc flour farofa, beans and rice

**Cachaça and beef stew**

Delicious shredded beef stew flambéed with cachaça, served with crispy manioc and mandioquinha rosti

**Brazilian style stroganoff**

Strips of tenderloin in a creamy sauce with fresh button mushrooms, rustic potatoes and rice

**Brazilian "picadinho"**

Strips of tenderloin in a flavorful sauce served with crispy manioc flour farofa, fried ranch egg, fried banana and rice

**Freshwater fish stew - "Moquequinha de rio"**

Strips of the delicious Amazon pirarucu in a coconut sauce with onions, tomatoes, red bell pepper and herbs, served with rice topped with crushed cashew nut and a creamy crab pot au gratin

**Crispy fish of the day with a creamy banana purée**

Grilled white fish with homemade savory granola crust served with creamy banana purée and rice





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## **Grandma's ground beef pie**

A super slice of pie served with Lá da Venda's organic greens and tomatoes salad

## **Creamy heart of palm pie**

A super slice of pie served with Lá da Venda's organic greens and tomatoes salad



## **Shrimp and creamy Catupiry cheese pie**

A super slice of pie served with Lá da Venda's organic greens and tomatoes salad

## **Vegan Option**

Check what Helô has prepared for this week



## **Helô's surprise**

Check what Helô has prepared for this week

## *Desserts*

### **A slice of Brazilian Crème Caramel**

**A scoop of one of our ice-creams and sorbets (marvelous chocolate, real vanilla from Bahia, banana, raspberry and pitanga - Suriname cherry)**

### **A slice of our special coconut cake**

### **Fruit of the day**



## *Appetizers*

### **Brazilian savory fritters bowls**

#### **Mix 1 - tapioca cheese sticks, meatballs and rice balls**

6 units, 2 of each one of the 3 fritters ..... R\$ 23,00

12 units, 4 of each one of the 3 fritters ..... R\$ 32,00

#### **Mix 2- tapioca cheese sticks, beans & sausage balls, manioc and shrimps balls**

6 units, 2 of each one of the 3 fritters ..... R\$ 23,00

12 units, 4 of each one of the 3 fritters ..... R\$ 32,00





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## Veggie mix- tapioca cheese sticks and rice balls

- 6 units, 3 of each one of the 2 fritters .....R\$ 23,00
- 12 units, 6 of each one of the 2 fritters .....R\$ 32,00

## Rustic Brazilian cornmeal fried turnovers

- 8 pieces: all cheese; all ground beef or half cheese half ground beef ..... R\$ 25,00

## Desserts



**Maria-mole** (soft brazilian marshmallow with white coconut).....R\$ 4,50

**Iaiá's little quindim** (a coconut and egg yolk Brazilian delicacy).....R\$ 6,50

**Brigadeiro** (creamy Brazilian chocolate fudge) .....R\$ 7,00

**Beijinho** (creamy Brazilian coconut fudge) .....R\$ 7,00

**Brigadeiro lollipop** (the famous Brazilian fudge) flavors of the day ..... R\$ 7,00



**Grandma's classic rice pudding with a scent of orange** ..... R\$ 10,50

**Coconut flan with dark plum sauce** (Helô's suggestion: try it with a scoop of pitanga - Suriname cherry - sorbet) ..... R\$ 10,50

**Brazilian Crème Caramel - super slice** ..... R\$ 13,50

**Tapioca Pudding with shredded coconut and coconut custard** super slice ..... R\$ 16,50

**Rich guava cheesecake** ..... R\$ 16,50

**Lime pie** ..... R\$ 16,50

**Chocolate and banana pie** ..... R\$ 16,50

**"Romeo and Juliette"** (1 super-slice of special and artisanal Canastra cheese with a super slice of guava hard paste) .....R\$ 22,00



**Super slice of guava hard paste, or banana hard paste, or quince hard paste** ..... R\$ 12,00



**Super-slice of special and artisanal Canastra cheese** ..... R\$ 12,00

**Scoop of Lá da Venda's ice-creams and sorbets** (marvelous chocolate, real vanilla from Bahia, banana, raspberry and pitanga - Suriname cherry) ..... R\$8.00

**Rustic and creamy fresh corn cake in a tropical leaf papillote** ..R\$ 9,00

**Super Chocolate Pavê** ..... R\$ 18,00

## Ours beverages

**Still or sparkling water** (300ml bottle) ..... R\$ 5,50

**Sodas** (can) ..... R\$ 6,80

Regular or Coke zero, regular or zero Guaraná (an Amazon tangy fruit soda), Sprite, Schweppes citrus, Tonic water, Tubaína Cotuba (old fashioned Brazilian soda)





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- Special Ice Tea** ..... R\$ 12,00
- Organic coconut water** (330 ml box) ..... R\$ 7,00
- Cajuína** (355ml bottle) ..... R\$ 13,00
- Traditional Northeastern beverage made of cashew fruit
- Integral and sugar- free fruit juices** (apple and lime; grape; tangerine)
- Glass - 220 ml ..... R\$ 8,00
- Bottle - 1L ..... R\$ 29,00

## Helô's coffee selection

### Poured over coffee ritual with our special Lá da Venda and Martins

- Café blend** (you receive a tray with the exact portions of coffee and water to prepare your own "cafezinho") ..... R\$ 8,20
- Espresso Martins Café** ..... R\$ 6,80
- Nespresso Origin Brazil** ..... R\$ 6,80
- Nespresso decaf** ..... R\$ 6,80
- Nespresso Ristretto intenso (ES)** ..... R\$ 6,80
- Latte** ..... R\$ 7,20
- Macchiato** ..... R\$ 7,50
- Combo** ..... R\$ 9,00



4 Cornmeal soft little breads + espresso

- Classic Cappuccino** ..... R\$ 8,20
- Helô's Cappuccino** ..... R\$ 11,20

Special recipe prepared with Viçosa's dulce de leite, Espresso, Fazenda's milk, chocolate's chips and cinnamon

- Hot chocolate with shredded chocolate** ..... R\$ 12,40
- Organic teas from the south of Brazil** (hibiscus, lemon grass, ginger, berries, melissa - ask the waiter about flavors) ..... R\$ 7,20

## Wine, Beer, Brazilian cachaças e drinks

- Red, rosé and white wines from small producers** (Mendoza, Argentina)
- Glass of wine ..... R\$ 31,00
- Bottle ..... R\$ 93,00
- Original beer (600ml bottle)** ..... R\$ 14,00



### Cachaça Mato Dentro from São Luis do Paraitinga

A prized artisanal cachaça, the world famous Brazilian sugarcane spirit (jigger) ..... R\$ 7,30

- Lime caipirinha - the brazilian national drink** ..... R\$ 22,00
- Caju amigo Lá da Venda**
- our special fresh cashew fruit drink ..... R\$ 27,00

